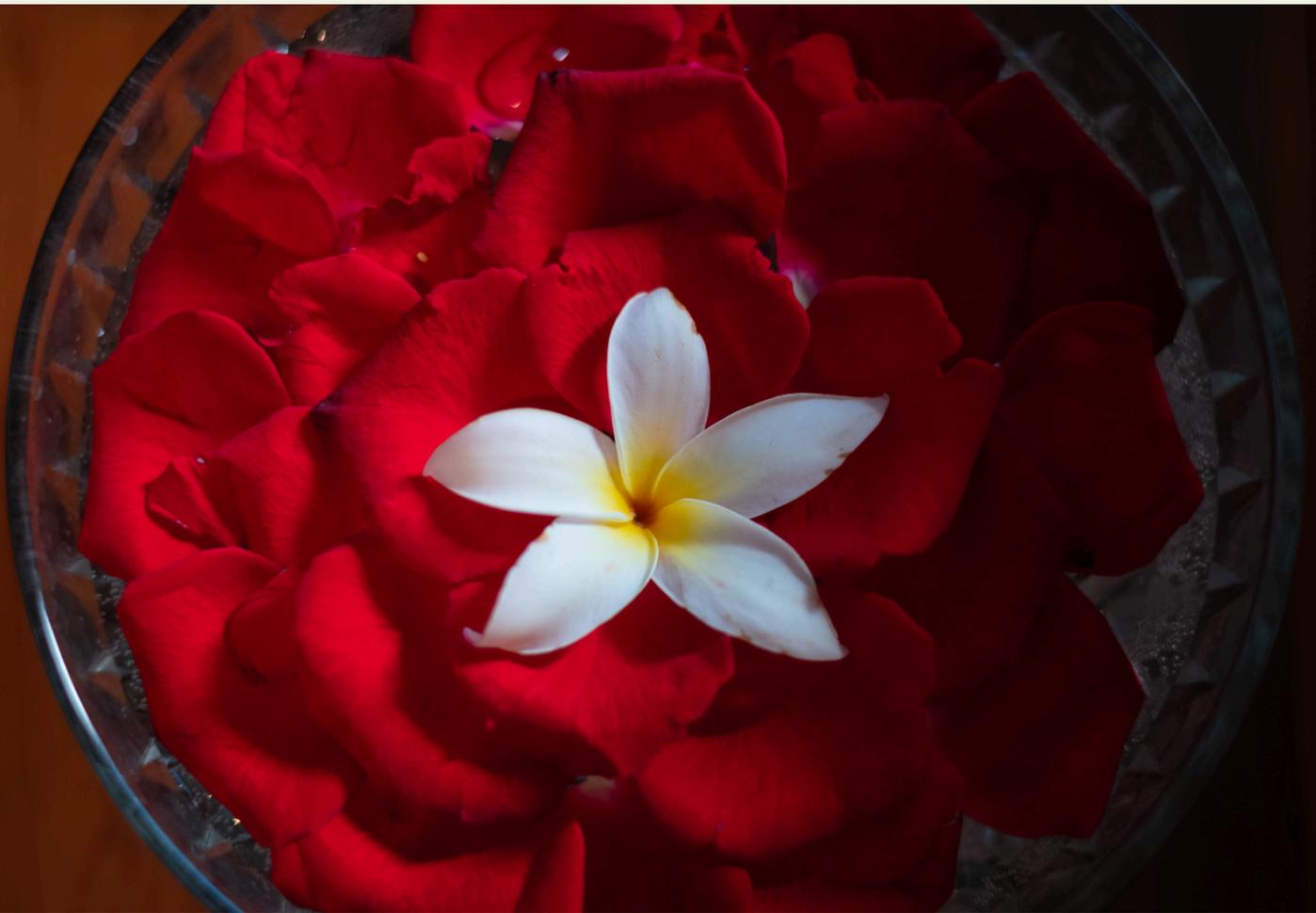


UDAKA SPA



Ancestral Wisdom. Modern Healing.

Enter a realm of pure restoration. Inspired by the sacred waters of Bali, Udaka Spa blends heritage techniques with the quiet luxury of the present moment to bring your body and mind back into perfect harmony.

ENLIGHTEN



— MASSAGE - PATH TO INNER BALANCE

Udaka, the Sanskrit term for water, is one of the five classical elements in Indian philosophy, symbolizing adaptability, emotional depth, and the cyclical nature of life. Revered in Vedic tradition, it embodies purification and sacredness, serving as a conduit for prayers while reflecting the balance between motion and stillness, the outer world and the inner self — visit our spa, where the spirit of Udaka inspires every soothing and renewing experience.



Udaka Signature Treatment

Udaka Signature Treatment begins with breath work to enter a deeper state of relaxation. Powerful essential oil blends are then used in conjunction with techniques to stimulate a physical sense of balance and well-being, which automatically imparts calm in the mind.

60 Minutes at IDR 250,000

90 Minutes at IDR 310,000



Balinese Treatment

Traditional treatment of the local region uses a variety of techniques including muscle manipulation, kneading, long strokes, and cupping. It improves blood flow and releases muscle knots, resulting in a feeling of revitalized serenity.

60 Minutes at IDR 235,000

90 Minutes at IDR 300,000

Energizing Treatment

Using slow and sustained movements, this therapeutic treatment addresses the muscle and deep fascia level to encourage chronically tense muscles to release and create physiological change. Leaving you feeling looser and more connected to your body.

60 Minutes at IDR 235,000

90 Minutes at IDR 300,000

Foot Reflexology

Treatment concentrates on the specific reflex area on the feet, which correspond to every major structure and organ in the body in order to induce stress relief and improve overall health. Perfect for those who want a total tune-up in the comfort of a chair.

30 Minutes at IDR 125,000

60 Minutes at IDR 235,000



HARMONY



SPA - ROYAL REJUVENATION RITUAL

Unwind like royalty with our signature treatment that harmonizes body and face. Enjoy a stress-relieving Balinese massage, revitalizing scrub, and age-defying facial to restore youthful radiance.

Royal Body Treatment

A traditional Balinese Ritual treatment with Indonesian massage to ensure relaxation and release stress and tension, combined with body scrub to exfoliate dead skin cells to stimulate blood circulation and promote healthy skin.

90 Minutes at IDR 350,000

Royal Beauty

Treatment begins with an energizing massage using your selected aroma oil blend and is followed by a short empress facial with traditional techniques to refresh your face.

90 Minutes at IDR 350,000

Rejuvenated Facial

Intensive anti-aging treatment using local brand product (Biokos) to combat wrinkles. Including deep cleanser of the skin, feeling and followed by a relaxing face massage. The treatment is completed with an intensive mask.

60 Minutes at IDR 235,000

